

Individual Intake Questionnaire

Today's Date: _____

Note: If you have been a client before, please fill in only the information that has changed.

A. Identification

Name: _____ Date of Birth: _____ Age: _____

Nicknames/Aliases: _____ Email: _____

Home Address: _____ Apt.: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

Calls will be discreet, but please indicate any restrictions: _____

B. Referral: Who gave you my name to call? _____

Name: _____ Phone: _____

Address: _____

May I have your permission to thank this person for the referral? Yes No

How did this person explain how I might be of help to you? _____

C. Chief Concern

Please describe the main difficulty that has brought you to see me: _____

Have you ever had any of the following problems?

- | | | | | | |
|--------------------|------------------------------|-----------------------------|--------------------------|------------------------------|-----------------------------|
| Head Injuries | Yes <input type="checkbox"/> | No <input type="checkbox"/> | High Blood Pressure | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Stroke | Yes <input type="checkbox"/> | No <input type="checkbox"/> | Heart Disease | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Cancer | Yes <input type="checkbox"/> | No <input type="checkbox"/> | Meningitis | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Diabetes | Yes <input type="checkbox"/> | No <input type="checkbox"/> | Loss of Consciousness | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Thyroid Disease | Yes <input type="checkbox"/> | No <input type="checkbox"/> | Headaches | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Alcoholism | Yes <input type="checkbox"/> | No <input type="checkbox"/> | Drug Problems | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Fainting/Dizziness | Yes <input type="checkbox"/> | No <input type="checkbox"/> | Depression | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Convulsions | Yes <input type="checkbox"/> | No <input type="checkbox"/> | Anxiety | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Memory Problems | Yes <input type="checkbox"/> | No <input type="checkbox"/> | Problems With Sex | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Hallucinations | Yes <input type="checkbox"/> | No <input type="checkbox"/> | Extreme Tiredness | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Crying Spells | Yes <input type="checkbox"/> | No <input type="checkbox"/> | Heart Palpitations | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Appetite Changes | Yes <input type="checkbox"/> | No <input type="checkbox"/> | Suicidal Thoughts | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Sleep Difficulties | Yes <input type="checkbox"/> | No <input type="checkbox"/> | Difficulty Concentrating | Yes <input type="checkbox"/> | No <input type="checkbox"/> |

D. Treatment

1. Have you ever received psychological or psychiatric or counseling services before?

Yes No If yes, please indicate:

WHEN?	FROM WHOM?	FOR WHAT?	RESULTS?

2. Have you ever taken medications for psychiatric or emotional problems?

Yes No If yes, please indicate:

WHEN?	FROM WHOM?	FOR WHAT?	RESULTS?

E. Family History

Have any of your BLOOD RELATIVES ever had any of the following:

WHO?

- | | | | |
|----------------|--------|-------|-------|
| Alcoholism | Yes No | _____ | _____ |
| Depression | Yes No | _____ | _____ |
| Mental Illness | Yes No | _____ | _____ |
| Epilepsy | Yes No | _____ | _____ |

Neurological Disorder Yes No _____
 Suicide Attempts Yes No _____
 Hallucinations Yes No _____
 Drug Problems Yes No _____
 Psychiatric Treatment Yes No _____

F. Significant Relationships

	Your age when started	Person's age when started	How long	Reason for ending
Current				
First				
Second				
Third				

G. Current Living Situation

1. Please describe your current living situation, including any family members or roommates living with you: _____

2. Children (and ages):

H. Education/Employer

Highest grade/degree completed? _____ College/Graduate _____

Major(s): _____

Employer: _____

Occupation: _____

Address: _____

Phone: _____